

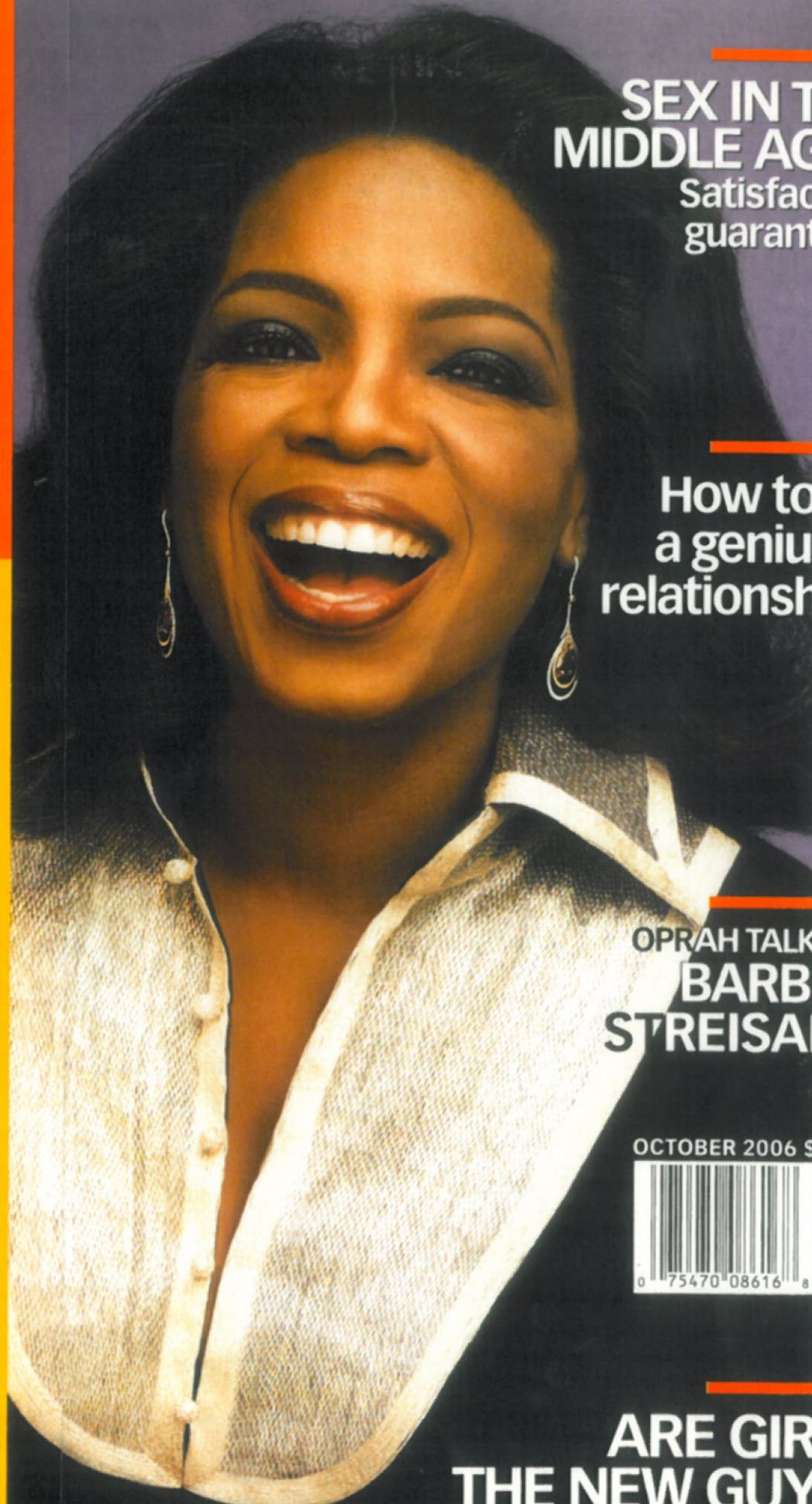
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THE OPRAH
MAGAZINE

AGE BRILLIANTLY!

O's SUPERGUIDE HEALTH, JOY & REAL BEAUTY

- *Shocked by your age?*
How to feel *a lot* better
- 10 easy food switches
for 10 *extra* good years
- The best workout for
you at 20, 30, 40, 50, 60+
- How to make your
heart strong



SEX IN THE
MIDDLE AGES
Satisfactory
guarantee

How to
a genius
relationships

OPRAH TALKS
BARB
STREISAND

OCTOBER 2006 \$4



ARE GIRLS
THE NEW GUY?

The bars, the buddies, the all-night



Look What We Found!

■ Our Orange Crush

Sure, hand cream is one of our beauty basics—we keep some on our desk, next to our bed, on the sink—but that doesn't mean it can't be an escapist indulgence, too. Which is why we've been hoarding Slatkin Body Therapy Orange Flower & Citron Oxygenating Hand Cream (\$22)—on our desk, next to our bed, on the sink... Every time we squeeze a dollop into our palm, we're transported by its sweet, citrusy scent: For a moment, we're no longer in a fluorescent-lit "work space" or crowded subway car; we're strolling a lovely Sevillian street lined with lush orange trees. Though we can't explain exactly how the cream is "oxygenating" our skin, we've noticed that in order to fully revel in its succulent fragrance, we've been taking a lot more long, deep (oxygenating) breaths.

■ Sweet Smell of Success

We wash our hands a lot—they're constantly covered with swipes of lipsticks and liners, shadows and blushes (the back of a beauty editor's hands are her artist's palette). So we like a soap that gets the job done but isn't too harsh. (And, as you've probably guessed, we're always suckers for a great scent.) The Savannah Bee Company Blackberry Honey Hand Soap (\$12) meets all our exacting criteria—and then some. Made by a real beekeeper (his name is Ted and he lives in Savannah), the stuff smells as if it were poured straight from the comb into the bottle. And though it quickly melts away those smudges and swipes, even its cleansers are natural (derived from coconuts, not chemicals). We put a bottle in the office kitchen, and now the whole magazine is abuzz.

■ The Perfect Cover

Foundation can be a delicate balancing act. Too matte and it looks like a cakey mask; too shimmery and it can take on a creepy Plasticine sheen. We're thrilled to tell you that Bobbi Brown's new Luminous Moisturizing Foundation (\$45) gets it exactly right. Formulated with moisturizers like milk thistle extract, it seems to melt over any imperfections, magically blending them in rather than sitting on top of them. And somehow it leaves our skin looking utterly translucent but still like, well, skin. We were going to call it a base hit—get it?—but we've decided it's more of a home run.

■ Best in Show

When we first demurely cast our eyes on the Tarte Peep Show Palette (\$37), we thought the purple-satin-fishnet-swathed box a little too lady-of-the-night for our (perhaps slightly prudish) taste. Then, trying to be open-minded, we took a peek (or should we say peep). And are we glad we did. On top: the perfect trio of smoky-eye-crafting shadows, plus a primer to keep them put. A drawer underneath houses a black pencil liner plus two double-ended brushes—which, unlike the tiny ones that usually come with compacts, are actually full-size. This palette's a real eye-opener.

For details see Shop Guide.

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SHOP GUIDE (all prices are approximate)



Skinny pants for everyone, page 137.

Take your salad for a spin, page 131.



Autumn accents, page 360.

COVER/HERE WE GO P.59 Sweater, Naeem Khan, \$1,100, Bergdorf Goodman, NYC; 212-753-7300. Earrings, Martin Katz; 866-956-7200.

TABLE OF CONTENTS P.3 Nail polishes, clockwise from top: Essie in Sassy Satchel, \$8; 800-232-1155 for salons. Avon in Wine Velvet, \$4.50; avon.com. Mary Kay Velvet Nail Color in Golden Ruby, \$7; 800-627-9529. OPI in I Love This Color, \$8; opi.com for stores. Victoria's Secret in I Won't Bite, \$9; victoriasecret.com. Creative Nail Design in Baroque, \$6; goindulge.com.

SUZE ORMAN P.98 Tunic, Yeohlee, \$550, Lord & Taylor; 212-391-3406. Pants and jewelry, Suze Orman's own.

SLIM PANTS: FRIEND OR FOE? P.137 On Anastasia Ali: Plaid pants, A + Eve by Adam + Eve, \$265, Saks Fifth Avenue; 212-753-4000. Hip-length knit tunic, Cris, \$221; vibetheboutique.com. Dangling earrings, Mark Walsh Leslie Chin, \$435; saks.com. Cole Haan loafer pumps, \$235; colehaan.com. Glass bracelet, Mark Walsh Leslie Chin, \$485; saks.com. **P.138** On Hara Paul (left): Modified jodhpurs with inseam panels, Raven, \$216, Bergdorf Goodman, NYC; 212-753-7300. High-heeled boots, Ralph Lauren Collection, \$5,000; polo.com. Pleated tuxedo shirt, Peter Som, \$980, Forty Five Ten, Dallas, 214-559-4510; and Georgina, Hewlett, NY, 516-569-0786; and Georgina, Manhasset, NY, 516-627-1504. Silver-buckled belt, Chanel, \$565, Bergdorf Goodman, NYC; 212-753-7300. Opal beads, Me + Ro, \$8,290; 917-237-9215. Confetti ring, Me + Ro, \$1,275; 917-237-9215. Quartz ring, Kara Ross, \$3,740, Bergdorf Goodman, NYC; 212-753-7300. On Krista Coyle (right): Black leather pumps, Stuart Weitzman, \$450; 310-860-9000. Black skinnies (pants), Cynthia Rowley, \$250; 212-242-1000. Velvet blazer, Philosophy of Alberta Ferretti, \$555; 212-460-5500. White tank (not shown), Nation Ltd, \$65; nationltd.com. **P.140** On Joan Gronowski: Leggings, Theory, \$65; 212-226-3691. Belted coat/dress, Theory, \$495; 212-226-3691. White shirt, Charles Tyrwhitt,

\$99; 212-764-4697; ctshirts.com. Flats, Manolo Blahnik, \$515, Neiman Marcus; 800-937-9146. Stone pendant necklace, Alexis Bittar for Jennifer Miller, \$750; 212-734-8199. **P.142** On Louise Rogers (left): Suit jacket, Piazza Sempione, \$875, Barneys New York, NYC; 888-822-7639. Suit pants, Piazza Sempione, \$494, Barneys New York, NYC; 888-822-7639. Ruffled shirt, Moschino, \$815, Bergdorf Goodman, NYC; 212-753-7300. Slingbacks, Dolce & Gabbana, \$650; 212-249-4100. Earrings, Yossi Harari, \$3,550, Bergdorf Goodman, NYC; 212-872-2518. Bracelet, Cartier, \$2,975; 800-227-8437; cartier.com. Watch, Cartier, \$8,800; 800-227-8437; cartier.com. On Gayle Taylor (right): Stretch wool pants, Lafayette 148 New York, \$278, select Neiman Marcus stores; 800-365-7989. Trapeze cardigan, Piazza Sempione, \$755, Barneys New York, NYC; 888-822-7639; and Nordstrom, 800-695-8000. Tank, Three Dots, \$45; 323-782-0139. Ring, Irene Neuwirth, A'Maree, Newport Beach, CA; 949-642-4423. Earrings, Ted Muehling, \$130; 212-431-3825. Shoes, Jimmy Choo, \$550; 866-524-6687.

GETTING DRESSED: HEELS THAT LOVE WOMEN P.146 Shoes are all Cole Haan; 800-201-8001. Tivona Air Pump in chocolate suede, \$275. Anabel Air Pump in blue suede, \$275. Afina Mary Jane in purple suede, \$275. Carma Air Pump in black patent leather, \$265. Gali Short Boot in moss suede, \$385.

BEAUTY: LOOK WHAT WE FOUND! P.149 Essie in Sassy Satchel, \$8; 800-232-1155 for salons. Mary Kay Velvet Nail Color in Golden Ruby, \$7; 800-627-9529. **P.150** Slatkin Body Therapy Orange Flower & Citron Oxygenating Hand Cream, \$22, Bergdorf Goodman, NYC; 212-753-7300. The Savannah Bee Company Blackberry Honey Hand Soap, \$12; bathandbodyworks.com. Bobbi Brown Luminous Moisturizing Foundation, \$45; bobbibrown.com. Tarte Peep Show Palette, \$37; nordstrom.com and tarte cosmetics.com.

FALL COLORS: BRINGING THEM INDOORS P.171

1. Buddha candle, \$40, Global Table, NYC; 212-431-5839. 2. Blown-glass vase, \$319, Sandfish, Clio, NYC; 212-966-8991. 3. Ceramic teapot, \$120, KKool, Global Table, NYC; 212-431-5839. 4. Lacquer tray, \$100, Ralph Lauren Home, Macy's; 888-475-7674. 5. Red jade necklace, \$255, Alicia Shulman, Kate Spade, NYC; 212-274-1991. **P.172** 1. Linen-covered wood bench, \$1,650, ABC Carpet & Home, NYC; 212-473-3000. 2. Mohair throw, \$200, Lands Downunder, Mine, Brooklyn, NY; 718-963-1184. 3. Leaf pillow, \$220, Judy Ross Textiles, John Derian Dry Goods, NYC; 212-677-8408. 4. Hand-blown vase, \$165, Tozai, Golden Calf, Brooklyn, NY; 718-302-8800. 5. Red table, \$985, De Vera, NYC; 212-625-0838. 6. Beige calfskin slippers, \$265, Tod's; 212-644-5945. **P.174** 1. Ceramic cup and saucer, \$69 for set of four, Vivaterra; vivaterra.com. 2. Nineteenth-century lacquered tray with 24kt-gold leaves and branches, \$4,950, De Vera, NYC; 212-625-0838. 3. Two-cup ceramic teapot, \$29, Forlife, Golden Calf, Brooklyn, NY; 718-302-8800. 4. Rosewood twig-handle salad servers from Thailand, \$55, Takashimaya, NYC; 800-753-2038. 5. Indian loquat tree trivet, \$65, Takashimaya, NYC; 800-753-2038. 6. Japanese lacquer persimmon from the 1920s, \$1,195, De Vera, NYC; 212-625-0838. **P.176** 1. Japanese lacquer almond from the 1920s, \$985, De Vera, NYC; 212-625-0838. 2. Vintage brass dish, \$75, De Vera, NYC; 212-625-0838. 3. Glass link necklace, \$690, Jane D'Arensbourg, Therapy, Brooklyn, NY; 718-486-0370. 4. Antique Chinese lacquer tray, \$485, De Vera, NYC; 212-625-0838. **P.178** 1. Red oak-leaf plate of enamel-coated copper with 24kt-gold trim, \$184, Kiln Design Studio; kiln enamel.com. 2. Yellow jade leaf pendant on chain, \$75, Agapantha, Therapy, Brooklyn, NY; 718-486-0370. 3. & 6. Porcelain leaf dishes handpainted with 24kt gold, \$100 and \$140, William Yeoward Crystal; williamyeowardcrystal.com. 4. 14kt-gold-plated and silver double acorn necklace, \$159, Poupette; noisettenyc.com. 5. Gold-plated pewter pinecone letter [CONTINUED ON PAGE 360]