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whole living

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on giving and  
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# Stuff We Love: Butter Up

by Abbie Barrett

**BOTANICAL BODY SCRUB** by Crabtree & Evelyn Naturals Its mix of ground coconut shells and cocoa butter keeps skin smooth and nourished, while cardamom and nutmeg provide a touch of spicy scent. \$26, crabtree-evelyn.com

**ROYAL JELLY BODY BUTTER** by the Savannah Bee Company This hive-derived skin saver counts royal jelly and beeswax among its ingredients. Pecan-seed oil adds an extra boost of moisture. \$25, savannahbee.com

**HONEY BUTTER SOAP** by Aspara Aromatics With honey, cocoa butter, goat's milk, and olive oil taking a starring role, this soap cleanses without overdrying. \$8, aspara-aromatics.com

**AVOCADO HAND BUTTER** by Fruits & Passion A clean, fresh scent and thick, soothing texture make this the ultimate remedy for any pair of hard-working hands. \$8, fruits-passion.com

**SHEDONISM DEEPLY HYDRATING BUTTER CREAM** by Origins With rich shea butter as a base, this moisturizer draws on the healing power of citrus and herbs such as bergamot, basil, and ylang-ylang, without ever feeling greasy. \$32.50, origins.com

**ALL THE BETTER TO KISS YOU WITH CERTIFIED ORGANIC LIP BALM** by Babybearshop Organic ingredients abound in this shea-butter lip balm in lavender vanilla. \$5, babybearshop.com